



Third Annual!

The Joys and Challenges of Brilliance: Helping Your Gifted Child Shine

Co-sponsored by Talent Development Institute (TDI), Davis Studio and Community School, and Vermont Commons School

- What:** An educational and networking program for gifted children and their parents
- Where:** Vermont Commons School, 75 Green Mountain Drive, South Burlington, VT, 05403. Parking available.
- When:** Saturday, March 28, 2020 from 12:45-5:00pm. Check-in begins at 12:45 pm.
- Cost:** \$25 per adult individual (co-parent may attend for free)
\$10 per child (grades K-6) for Activity Rooms
\$10 per child (grades 6-9) for Middle School Meet-Up Room
- After March 11th, cost increases to \$30 per adult and \$15 per child, if there is room. Limited scholarships available. Contact us.
- Registration:** Registration form, on last page, needs to be filled out, signed, and sent in with payment. Deadline for registration is March 11, 2020. Register early; space is limited!
- Contact:** lucy@tdivermont.org

Middle School Meet-Up Room, grades 6-9

We will once again provide a room for kids in grades 6-9 whose parents will be attending the parent sessions. A chill place to hang out for the afternoon, listen to music, socialize, do some art, writing, play games, and other activities, and have a snack.

Children's Activities, grades K-6

Children's activities will run concurrently to parent sessions, and will be designed for children in grades K-6 whose parents will be attending the parent sessions. (Other arrangements should be made for younger children.) A light snack will be provided. We also encourage you to provide a nut-free snack for your child if needed. There will be two rooms with different themed activities for younger and older children.

Creature Creation, grades K-4:

What do a centaur, basilisk and hippogriff have in common, besides sharing the pages with a very popular wizard? They are all hybrids; a creature made of multiple creatures. What will your hybrid creature look like? What powers will it possess? Come create it with us!

Imaginary Lands, grades 3-6:

Do you like to get lost in the mystical world of wizards, the infinite galaxies of space, or perhaps the delicious lands of candy delights? Let your imagination soar as you join us to plan, design and map your own imaginary world.

Informational Tables about Organizations

Several educational and enrichment organizations will have informational tables set up for you to stop by and speak with a representative. You can do this after you first check in, or during our first break.



TDIVermont.org



Parent Schedule:

- 12:45-1:15 Check-in for parents and children, and time to connect with local educational & enrichment program folks at their information tables.
- 1:15-1:30 Welcome by Carol Story, PhD
- 1:30-2:30 Keynote: **The Mind-Heart Connection: A Parent's Guide to Understanding the Anxiety Issues of their Gifted Child**, Patricia Schuler, PhD
- 2:30-3:00 Take a break, have refreshments, and continue connecting with resources at information tables.
- 3:00-3:55 Second block. Two choices for parents (see below for descriptions):
- **The Mind-Heart Connection: A Parent's Guide to Understanding the Anxiety Issues of their Gifted Child, *followup Q&A*** Patricia Schuler, PhD
 - **Support and Challenge Your Gifted Child**, panel with Teresa Davis
- 3:55-4:00 Break and transition
- 4:00-4:55 Third block. Two choices for parents (see below for descriptions):
- **Perfectionism and Anxiety in Your Gifted Child**— with Lucy Bogue, MA
 - **Fostering Friendships and Community Connections for Your Gifted Child**, panel with Carol Story, PhD
- 5:00 pm Program ends. Pick up kids from Children's Activities.

Descriptions of Parent Strands:

Keynote: The Mind-Heart Connection: A Parent's Guide to Understanding the Anxiety Issues of their Gifted Child, Patricia Schuler, PhD

Anxiety. We all experience it, but for gifted children there can be different causes and manifestations. Is your child Out of Stage, Out of Phase, and/or Out of Sync? This question will be addressed by examining a framework of understanding gifted kids: who they are, what stressors and needs they have, and what practical strategies can be used to help them lessen their anxiety.

The Mind-Heart Connection: A Parent's Guide to Understanding the Anxiety Issues of their Gifted Child, *Keynote followup Q&A* Patricia Schuler, PhD.

Support and Challenge Your Gifted Child, panel, Teresa Davis

Our panel of experienced parents will share personal reflections and family-tested ideas for supporting the unique needs of gifted students. There will be time for questions and sharing by all. We'll explore a variety of tools and strategies that encourage growth in all areas (physical, mental, social and emotional), and help children overcome fear of failure and resistance to new experiences. We'll also share potential opportunities and curriculum for the types of challenges that gifted children need to flourish and thrive.

Perfectionism and Anxiety in Your Gifted Child, Lucy Bogue, MA

One of the most challenging characteristics of your gifted children may be their tendency toward perfectionism. Your children's high standards for performance drive them to achievements far beyond those of their same-age peers. At the same time, the striving for perfection, often combined with high intensity, leads to the inevitable experiencing of their own human frailty. How can we help them create healthy self-expectations, be happy for themselves when they succeed, and be resilient when they don't?

Fostering Friendships & Community Connections for Your Gifted Child, panel, Carol Story, PhD
Finding friends can be a challenge for gifted children. This panel will discuss successful strategies to accomplish this goal from personal, parental, and community perspectives. Discussion and questions will be welcomed.



REGISTRATION FORM

The Joys and Challenges of Brilliance: Helping Your Gifted Child Shine!

Saturday, March 28, 2020 from 12:45 - 5:00 pm. Check-in begins at 12:45 pm.

Co-sponsored by Talent Development Institute (TDI), Davis Studio and Community School, and Vermont Commons School

Please send payment, which is \$25 per adult (and co-parent free; \$30 after March 11th) and \$10 per child (grades K-9; \$15 after March 11th), along with this registration form to: TDI, P.O. Box 568, Colchester, VT 05446, by March 11th. Use back of this page as needed.

Name of Parent(s) attending _____ Email Address: _____
Address: _____ Cell Number: _____
Adults _____ # Children _____ Amount Enclosed: \$ _____ Check # _____

Please put a 0, 1 or 2 next to each breakout session title to indicate how many adults will attend each:

3:00-3:55 First break-out block (how many adults per session?):
_____ **The Mind-Heart Connection: A Parent's Guide to Understanding the Anxiety Issues of their Gifted Child, keynote followup Q&A**, Patricia Schuler, PhD
_____ **Support and Challenge Your Gifted Child**, panel with Teresa Davis

4:00-4:55 Second break-out block (how many adults per session?):
_____ **Perfectionism and Anxiety in Your Gifted Child**, Lucy Bogue, MA
_____ **Fostering Friendships and Community Connections for Your Gifted Child**, panel with Carol Story, PhD

Child #1 Name _____ Grade _____ Age _____ Serious Allergies or other needs we should know about? _____ Put a 1 next to first choice of activity room:
_____ **Creature Creation** (gr. K-4) _____ **Imaginary Lands** (gr. 3-6) _____ **M.S. Meet-up** (gr. 6-9)

Child #2 Name _____ Grade _____ Age _____ Serious Allergies or other needs we should know about? _____ Put a 1 next to first choice of activity room:
_____ **Creature Creation** (gr. K-4) _____ **Imaginary Lands** (gr. 3-6) _____ **M.S. Meet-up** (gr. 6-9)

Child #3 Name _____ Grade _____ Age _____ Serious Allergies or other needs we should know about? _____ Put a 1 next to first choice of activity room:
_____ **Creature Creation** (gr. K-4) _____ **Imaginary Lands** (gr. 3-6) _____ **M.S. Meet-up** (gr. 6-9)

MEDIA PERMISSION (we will likely have someone taking pictures):

I give my permission for TDI, Davis Studio, and Vermont Commons staff to photograph and/or video my son/daughter(s), _____ [child(ren)'s name(s)]. These photographs and videos may be used in professional publications and future publications for these organizations, including broadcast, print or online media. Children's personal information will remain confidential.
_____ [Parent/Guardian signature]